

Intuitive Parenting Network, LLC presents

# ORAL HABILITATION OF THE BREASTFEEDING DYAD:

## A MASTER CLASS FOR THE IBCLC



### PRESENTERS

Jennifer Tow  
Bryna Sampey  
Sharon Vallone



**Dates:** March 19th, 20th and 21st, 2020

**Venue:** The Novotel Sydney, Central 169–179 Thomas St, Sydney

# ORAL HABILITATION OF THE BREASTFEEDING DYAD: A MASTER CLASS FOR THE IBCLC

**Are you finding that there are cases in your practice where you feel like nothing seems to be quite working? Do you have lots of “tough cases” that don’t seem to respond to traditional methods of correcting latch, positioning and suck training? Do you wonder why so many babies seem to continue struggle at breast in spite of your best efforts? Do the tools and experience you’ve gathered in your career seem no longer adequate? Are you frustrated more often than you’d like?**

## **COURSE OVERVIEW:**

Join us for 3 days of lecture and practicum to elevate your practice as an IBCLC!

Come together with your colleagues for three full days as you participate in a high-level Master Class directed specifically towards IBCLCs. There’s no more effective environment for learning than the in-person exchange of information with a group of experienced colleagues. Bolstered by a presentation of the supportive theory and research, the days are filled with strategies for intake, assessment, clinical documentation, anatomy and physiology, nutrition, infant reflexes, identifying and understanding when and where to refer babies with structural dysfunction, developing a collaborative team and integrating all of these resources in attaining functional breastfeeding competency. The course stressed a collaborative assessment of neurologic and biomechanical function as it affects breastfeeding, through infant reflexes and a demonstration as to how the IBCLC and manual therapist can utilise reflexes and facilitate their integration through movement.

With successful completion of the three-day Master Class, the experienced IBCLC will be able to define the strategies involved in functional assessment and habilitation of the breastfeeding dyad, educate families accordingly, develop a sustainable and achievable care plan and the capacity to share relevant information with colleagues towards the goal of collaboration and enhanced knowledge in the field of advanced lactation. In addition, the IBCLC

will be able to reference a compendium of effective exercises and tools for facilitating oral habilitation, sucking skills and body movement. They will be able to use multiple strategies to confidently educate families on the use and rationale behind the care plan developed for infants with complex feeding difficulties.

## **OBJECTIVES:**

- Understand the role that infant feeding plays in the development of the human airway.
- Gain a better understanding of anatomy and structure as it relates to breastfeeding.
- Learn collaborative assessment of neurologic and biomechanical function as it affects breastfeeding.
- Better understand the foundational role infant reflexes play in feeding and development and within the context of the lactation consult.
- Recognise the role that trauma can play in inhibition of reflex integration and development.
- Develop an increased understanding of oral-motor function as it applies to breastfeeding.
- Learn how tongue position impacts breastfeeding and optimal oral development.
- Better understand the role of the IBCLC in facilitating collaboration among those professionals involved in assessment, treatment and oral habilitation of the breastfeeding dyad.
- Develop an effective toolkit for supporting competent oral function.
- Learn strategies to facilitate oral habilitation post tongue-tie release.
- Understand how to effectively and ethically communicate associated information and care plans with parents, professionals and colleagues.

### **Cancellation Policy**

To claim the earlybird price please note you must register AND PAY before the earlybird cut off date.

Cancellations advised 30 days prior to the conference will receive a refund less \$60 admin fee.

You may use the full cost of the conference as a credit for another Breastfeeding Conferences Conference.

You may transfer your registration to another person, but you must advise us of this prior to the conference.

Please make sure you secure your registration for this conference before you book airfares and hotels. We cannot be responsible if the conference is sold out.

# PROGRAM

## Day One: 7:30am (registration)-6pm. (8.0)

Learning to See Babies, Jennifer Tow (1.5)

Introduction: The Role of the Primitive Reflex in Oral Function, Bryna Sampey (1.5)

Integration Session (0.5)

Functional Assessment of the Breastfed Baby, Jennifer Tow (1.5)

Integration Session (0.5)

The Role of Bodywork in Normalizing Function: Part One, Sharon Vallone (1.5)

Hands on: Tools for Oral Habilitation of the Breastfed Baby, Part 1 (1.0)

## Day Two: 8am-6pm (8.0)

Breastfeeding: the Architect of the Human Airway, Jennifer Tow (1.5)

The Role of Bodywork in Normalising Function: Part Two, Sharon Vallone (2.0)

Maternal History and its Role in Functional Habilitation, Jennifer Tow (1.5)

Rhythmic Movement for Function, Bryna Sampey (2.0)

Myofunctional Disorders: Origination in Infancy, Long-term Impact on Human Health, Jennifer Tow (1.0)

## Day Three 8am-6pm (8.0)

Hands on: Tools for Oral Habilitation of the Breastfed Baby, Part 2 (1.5)

Supporting Healing and optimising Function Post Tongue-tie Release, Jennifer Tow (1.0)

Collaborative Assessment of Neurologic and Biomechanical Function as it Affects Breastfeeding, Bryna Sampey & Sharon Vallone (2.0)

The Interdisciplinary Team, Integration of Assessment Skills (1.0)

The Steps to Habilitation: Applying Our Tools in Normalising Function (1.5)

Effectively & Ethically Communicating With & Teaching Parents, Professionals, Colleagues, Bryna Sampey (1.0)

## CERPS:

20 L-CERPS

1 E-CERP

3R-CERPS

Total 24

IBLCE APPROVAL: CLT114-33

## ONGOING SUPPORT:

After the course, all attendees will have the option to be added to the list of providers on our resource page and given access to a closed Facebook group for ongoing sharing of resources, information and innovation.

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Breastfeeding Dyad



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## COMMENTS FROM PREVIOUS COURSES:

*"This was one of the best conferences I've attended. I learned so much from each of you, and from many of the participants as well. I knew I would learn things to help with the babies, I didn't know that I would learn things to help myself as well! Thank you all for such a well put-together program. Everything flowed appropriately, the hands on was great, sharing your slides was generous. I would totally recommend this conference, and might even have to repeat it because you taught us so much, I can't imagine retaining it all!"* – **Gail Dittes, RNC, IBCLC**

*"This was the capstone educational piece for my profession. It was wonderful to be around professionals who are the top performers in what we do. To be with a tribe of people who "get it" rekindled my passion for helping moms and babies. I have a love of learning and I didn't want to miss a single second of the lectures. I honestly don't know how any IBCLC can practice without taking this course. Without the critical skills taught in this course, we are not doing enough to help our communities."* – **Jacqueline Kincer, IBCLC**

# PRESENTERS

**Jennifer Tow, BFA, MA, IBCLC, RLC, CSOM** has practiced holistic lactation and guided parents in raising their children holistically for over 25 years. A fascination with the physiology of wellness has led her on a 30-year journey exploring the influences on infant well-being that come to define long-term human well-being. She has come to focus her interest in the areas of epigenetics and the microbiome, gut-brain health, airway function and oral functional competency, exploring the profoundly far-reaching implications of this work for breastfeeding dyads.

While residing between the USA & France, Jennifer established an international client base and now sees most of her clients on-line, specialising in helping dyads with complex breastfeeding issues. Her reputation for guiding parents through these issues stems from her ability to integrate holistic modalities and an expanded skill-set, such as metabolic assessment and myofunctional therapy, into her practice.

She is a writer and lecturer, offering workshops internationally and via webinar on breastfeeding & epigenetics, gut health & healing, tongue-tie & airway development and holistic breastfeeding practices. After a decade in development, she now offers a year-long advanced course in Integrative and Holistic Lactation. She is a founding member of IATP (the International Affiliation of Tongue-tie Professionals) and is the Breastfeeding Section Leader of the AAPMD (American Academy of Physiological Medicine and Dentistry) and founder of the Holistic Lactation Institute. Jennifer is the mother of three children born at home in 1988, 1992 and 1998 and a granddaughter born at home in 2009.

Contact: [jennifertow@holisticIBCLC.com](mailto:jennifertow@holisticIBCLC.com)



**Bryna Sampey** became IBCLC-certified in 2010 after a 4500+ hour internship with Sonja Massey, BSN, RN, IBCLC at BabyMoon in Monterey, CA, USA. Prior to her certification as an IBCLC and Doula, she worked in Marine Chemistry in the Monterey Bay. Bryna owns a private practice in the Portland, Oregon metro area, offering home-visiting birth and lactation care, postpartum care, and education for parents and professionals. Bryna has specialized in her birth work focus on high-risk and surgical birth and the subsequent lactation issues that can arise from interventive birth. In her lactation work, she has additional areas of expertise in ankyloglossia assessment and recovery for the breastfeeding dyad, working with LGBTQIA+ families, and Rhythmic Movement Training for babies and parents with birth and surgical trauma as well as breastfeeding difficulties.

Bryna has worked as an adjunct professor at Birthingway College of Midwifery, teaching students about complex parental situations in lactation, breast assessment and evaluation, hand expression and breast massage. She also teaches parents in prenatal breastfeeding education and newborn care at Oregon Health & Sciences University. When not teaching, working with clients, or learning more about breastfeeding and early parenting care, she can be found at home with her family in the beautiful Pacific Northwest.

**Sharon Vallone, DC, FICCP** (Fellow in Clinical Chiropractic Pediatrics)'s clinical practice is in a multi-discipline environment and brings 25+ years of pediatric experience with a primary interest in pregnancy, birth trauma, breastfeeding and problems with infant /toddler neurodevelopment. She finds her role frequently to be a member of a support team for infants and children providing assessment, treatment and healthcare advocacy, as well as individualised treatment for children with functional challenges. She is the editor of the Journal of Clinical Chiropractic Pediatrics and teaches internationally in the International Chiropractor's Association's postgraduate program in pediatric chiropractic.

# Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Occupation \_\_\_\_\_

Place of work \_\_\_\_\_

Special dietary needs \_\_\_\_\_

IBCLC# \_\_\_\_\_

## Pricing (please tick)

Full Registration – \$675

Earlybird Registration – \$605

(Earlybird Registrations by January 10th 2020)

**TOTAL AMOUNT: \$** \_\_\_\_\_

## Payment options

Cheque  Money Order  Credit Card

Card type:  Visa  Mastercard

\_\_\_\_\_/\_\_\_\_\_  
Credit Card Number Expiry Date

\_\_\_\_\_  
CVV

Card Holder's Name \_\_\_\_\_

## It's easier to book online!

**To book online go to: [www.breastfeedingconferences.com.au](http://www.breastfeedingconferences.com.au)**

Cheque or Money order can be made payable to:

Australian Lactation Management Associates (ALMA)

Please forward completed form and payment to:

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